

How Mothers may Help their Daughters into Womanhood



Every mother possesses information of vital value to her young daughter. That daughter is a precious legacy, and the responsibility for her future is largely in the hands of the mother. The mysterious change that develops the thoughtless girl into the thoughtful woman should find the mother on the watch day and night. As she cares for the physical well-being of her daughter, so will the woman be, and her children also.

When the young girl's thoughts become sluggish, when she experiences headaches, dizziness, faintness, and exhibits an abnormal disposition to sleep, pains in the back and lower limbs, eyes dim, desire for solitude, and a dislike for the society of other girls, when she is a mystery to herself and friends, then the mother should go to her aid promptly. At such a time the greatest aid to nature is Lydia E. Pinkham's Vegetable Compound. It prepares the young system for the coming change, and is the surest reliance in this hour of trial.

The following letters from Miss Good are practical proof of Mrs. Pinkham's efficient advice to young women.

Miss Good asks Mrs. Pinkham for Help.

June 12th, 1899.
"DEAR MRS. PINKHAM:—I have been very much bothered for some time with my monthly periods being irregular. I will tell you all about it, and put myself in your care, for I have heard so much of you. Each month menstruation would become less and less, until it entirely stopped for six months, and now it has stopped again. I have become very nervous and of a very bad color. I am a young girl and have always had to work very hard. I would be very much pleased if you would tell me what to do."—Miss Pearl Godd, Cor. 29th Avenue and Yesler Way, Seattle, Wash.



February 10th, 1900.
"DEAR MRS. PINKHAM:—I cannot praise Lydia E. Pinkham's Vegetable Compound enough. It is just simply wonderful the change your medicine has made in me. I feel like another person. My work is now a pleasure to me, while before using your medicine it was a burden. To-day I am a healthy and happy girl. I think if more women would use your Vegetable Compound there would be less suffering in the world. I cannot express the relief I have experienced by using Lydia E. Pinkham's Vegetable Compound."—Miss Pearl Godd, Cor. 29th Avenue and Yesler Way, Seattle, Wash.

\$5000 REWARD
Owing to the fact that some skeptical people have from time to time questioned the genuineness of the testimonial letters we are constantly publishing, we have deposited with the National City Bank of Lynn, Mass., \$5000, which will be paid to any person who can show that the above testimonial is not genuine, or was published before obtaining the writer's special permission.—LYDIA E. PINKHAM MEDICINE CO.

SOME TIMELY SUGGESTIONS.

How to Produce a Profitable Crop of Wheat.

The Charlotte Oil & Fertilizer Company and the President of the Company, Mr. Fred Oliver, of Charlotte, N. C., have again demonstrated on their farms what can be done towards profitable wheat raising. The 250 acres which they had in wheat this year gave an average yield of 30 bushels per acre; one field of 30 acres gave an average yield of 34 bushels, another field of 90 acres gave an average yield of 33 bushels per acre. A field of 60 acres that was in wheat a year ago, sown by the former owner of the land, and which last year yielded only eight bushels per acre, this year gave an average yield of 24 bushels to the acre. With such an illustration of what can be done by progressive farming, why will the majority of farmers continue to be satisfied, or, if not satisfied, continue to curse their luck when their crop of wheat turns out only five to ten bushels per acre? There is no reason, and in fact, it is a crime for any farmer to throw away his time and land by growing such a poor crop, as the most of them now raise when they could treble and quadruple the yield by intelligent and progressive farming. They must use better mules and ploughs to prepare the soil, using the best grain drills, having fertilizer distributed and attached to plant and fertilize the wheat, using the best seed wheat even if it does cost a few cents per bushel more money, using not less than 400 lbs. high grade complete fertilizer per acre instead of 100 lbs. of low grade acid and acid potash goods. Seed wheat that is free from broken and defective wheat, and above all almost absolutely free from cockle seed is worth twice as much for seeding as the seed wheat usually used. Still more important is the fact that seed wheat from a crop that gave a yield of 30 to 35 bushels per acre is superior to seed wheat from a crop that gave only five to ten bushels per acre. No farmer will attempt to raise mules and horses to weigh 1,400 to 1,600 lbs. each and expect to succeed if he uses for breeding, stock that weighs from 500 to 800 lbs.; no breeder of high grade milch cows will expect to succeed except by using high grade stock. Last, but not least, they must use high grade fertilizer if the farmers expect to receive proper returns from land and labor. Why be satisfied by using 100 lbs. per acre of cheap, low grade fertilizer when 400 lbs. of high grade fertilizer will give an increase of 15 to 25 bushels per acre? It costs no more, or very little more, to prepare the land for a good crop than for a poor one; it costs no more to drill in good seed wheat, and 400 lbs. of high grade fertilizer, per acre, than to drill in poor seed wheat and 100 lbs. of poor, cheap fertilizer per acre; it costs no more to cut an acre of good wheat with a reaping machine than it does to run the machine over an acre of poor wheat, and the reaping machine does less work in the field unattended if the crop is a good one than it does if the crop is a poor one. The farmers of the south have the best market for their wheat, corn and hay of any section in the United States, as they can obtain the same prices as the western farmer plus the freight that is charged from the west to the south. Why not then farm on a profitable plan and not an unprofitable one? Use good stock and tools, good seed and fertilizer, good judgment and skill in handling labor and machinery, and above all work yourself as an example to your hired help, and you will find farming profitable.

Mr. Winslow's Soothing Syrup for children teething, softens the gums, reduces inflammation, allays pain, cures whooping cough, croup, and allays pain.

Pilo's Cure cannot be too highly spoken of as a cough cure. J. W. O'Brien, 222 Third Ave., N. Minneapolis, Minn., Jan. 6, 1900.

Portable Schoolhouses in Brooklyn.
It is likely that portable schoolhouses will be used in Brooklyn during the next school year to ease out the present inadequate accommodations. Charles E. Robertson, President of the Borough School Board, said: "The regular buildings will again, as heretofore, fail to take in all children of school age, and we have been considering every possible expedient to prevent the old resort to half-day classes. Nothing suggested appears so promising as the portable structures, which will cost little and can be easily erected, and as easily removed when desired. Plans are now under way for them. The number of the buildings will depend upon the report now in preparation by Superintendent Ward, who will inform the Board where the structures are most needed and where it is possible to erect them."

Japan and Camphor.
Within a year the camphor trade of the world has become a monopoly. The trees which yield this fragrant and useful gum are to be found all over Asia and the East Indies, but the principal production from them is confined to the Island of Formosa, which belongs to Japan. China was never able to furnish more than 200,000 pounds a year, and Japan now produces about 200,000. Formosa's annual output for several years past has been between 5,000,000 and 7,000,000 pounds. Little is to be had at present from any other source, and there is no prospect of any change in the situation for a long time to come.

In deciding to exercise control over the production of camphor, Japan has been actuated by two motives. In the first place, she wants to obtain revenue therefrom, as France does from the match and cigar industries. But she also seeks to avert the killing of the goose which lays the golden eggs for her. In other words, she has undertaken to protect the camphor forests, which were in danger of extinction.

Salesman—"These are the newest styles in gloves. Perhaps you would like to see the French walking gloves." Farmer Clovertop—"Well, I swan! I always knowed them Frenchmen wuz queer, but I never thought they walked on their hands, b'gosh."

The Best is always used as a basis for Comparison.



Is the standard prescription of America for Malaria, Chills and Fever.

How often do you hear imitators say "Our medicine is just as good as Grove's" or "It is better than Grove's". Do not be satisfied with the "just as goods". There are no "just as goods"—Grove's is the best as such comparisons admit—Grove's is many times superior both in merit and popularity to any other chill preparation manufactured, and is the only chill cure sold to jobbers in car load lots. Every druggist in the malarial sections of the United States and Cuba sells Grove's on a No cure, No pay, basis. Price 50 cents.

Grove's Tonic broke up a 10 days' spell of fever which a physician thought would last several weeks.

"During my recent illness your Chill Tonic proved of beneficial effect—it being highly endorsed by my family physician. 3 bottles broke up a 10 days' spell of fever which at first was thought by the doctor would last for several weeks. Your excellent remedy is having a tremendous sale throughout this section, more so than all other Chill Tonics combined, as I am informed by various druggists."

Yours truly, A. ROSCOWER, Goldsboro, N. C.

That Little Book For Ladies, By mail, ALICE MASON, ROCHESTER, N. Y.

\$100 Reward. \$100.
The readers of this paper will be pleased to learn that there is at least one treated disease that science has been able to cure in all its stages, and that is Catarrh. Hall's Catarrh Cure is the only positive cure now known to the medical fraternity. Catarrh being a constitutional disease, requires a constitutional treatment. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system, thereby destroying the foundation of the disease, and giving the patient strength by building up the constitution, and assisting nature in doing its work. The proprietors have so much faith in its curative powers that they offer one Hundred Dollars for any case that it fails to cure. Send for list of testimonials. Address F. J. CHENEY & Co., Toledo, O. Sold by Druggists.

FREE! CATALOG OF SPORTING GOODS. RAWLINGS SPORTING GOODS COMPANY, 620 Locust St., ST. LOUIS, MO.

PISO'S CURE FOR COUGHS WHERE ALL ELSE FAILS. Piso's Cure is sold by druggists. Use in time. Sold by druggists. CONSUMPTION.

\$3.00 W.L. DOUGLAS SHOES \$3.50
UNION MADE

The real worth of our \$3.00 and \$3.50 shoes compared with other makes is \$4.00 to \$5.00. We are the largest maker and producer of men's \$3.00 and \$3.50 shoes in the world. We make and sell more \$3.00 and \$3.50 shoes than any other shoe manufacturer in the U. S. Established in 1870.

Why do you pay \$1 to \$5 for shoes when you can buy W. L. Douglas shoes for \$3 and \$3.50 which are just as good.

TRIAL WILL CONVINCE YOU

THE BEST \$3.50 SHOE. THE BEST \$3.00 SHOE.

THE REASON more W. L. Douglas shoes are sold is because they are the best for men.

Made of the best imported and American leathers. The workmanship is unequalled. The style is equal to \$4 and \$5 shoes of other makes. They will outwear two pairs of other makes at the same price that have no reputation. You can safely recommend them to your friends. Our shoes will reach you anywhere. Catalogue Free. W. L. DOUGLAS SHOE CO., Brockton, Mass.

SEED WHEAT and OATS FOR SALE!

Red May seed wheat from a crop that yielded 33 to 35 bushels per acre, reseeded by a special seed wheat clover, in new two bushel bags, price \$1.25 per bushel. Seed Oats grown in North Carolina from Texas Red Rust Proof Seed, the North Carolina crop yielding 80 bushels per acre, price 50c per bushel. Prices on cars at Charlotte, N. C., freight to be paid by buyer. Terms cash with order. CHARLOTTE OIL & FERTILIZER CO., FRED OLIVER, CHARLOTTE, N. C.

NATIONAL BUSINESS COLLEGE, ROANOKE, VA.

MORE CALLS FOR GRADUATES THAN IT CAN SUPPLY.

Send for Catalogue Enter Sept. 4. CHAS. E. ECKERLE, President. Mention where you saw notice of School.

ENGINES BOILERS. Tanks, Stacks, Stand-Pipes and Sheet-Iron work; Shafting, Pulleys, Gearing, Boxes, Hangers, etc. Cast every day; work 180 hands.

LOMBARD IRON WORKS AND SUPPLY COMPANY, Augusta, - - Georgia.

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Best Business and Short-hand Courses, better Investments, and more Graduates placed in positions than all other Business Colleges combined. Terms Low. Catalogue FREE.

ATTENTION is facilitated if you mention this paper when writing advertisers. No. 37

DROPSY NEW DISCOVERY, gives quick relief and cures water on the face. Box of testimonials and 10 days' treatment FREE. Dr. H. H. GREEN'S SONS, Box 5, Atlanta, Ga.

30 FEET OF BOWELS

are packed away in your insides and must be kept clean, in order and doing business. It's a long way, with many turns and pitfalls to catch the refuse and clog the channel if not most carefully cleaned out every day. When this long canal is blockaded, look out for trouble—furred tongue, bad breath, belching of gases, yellow spots, pimples and boils, headaches, spitting up of food after eating—an all-around disgusting nuisance.

Violent pill poisons or griping salts are dangerous to use for cleaning out the bowels. They force out the obstruction by causing violent spasms of the bowels, but they leave the intestines weak and even less able to keep up regular movements than before, and make a larger dose necessary next time.

Then you have the pill habit, which kills more people than the morphine and whiskey habits combined. The only safe, gentle but certain bowel cleansers are sweet, fragrant CASCARETS, because they don't force out the faecal matter with violence, but act as a tonic on the whole 30 feet of bowel wall, strengthen the muscles and restore healthy, natural action. Buy and try them! (Look out for imitations and substitutes or you can't get results. Cascarets are never sold in bulk. Look for the trade-mark, the long-tailed "C" on the box.) You will find that in an entirely natural way your bowels will be promptly and permanently

Made CLEAN and STRONG by

Cascarets

Get the genuine if you want results! Tablet is marked "CCC". Cascarets are never sold in bulk, but only and always in the light blue metal box with the long-tailed "C". Look for the trade-mark—the C with a long tail—on the lid!

10c. 25c. 50c.

ALL DRUGGISTS

To any needy mortal, who can't afford to buy, we will mail a box free. Address Sterling Remedy Company, Chicago or New York.

A Japanese Charge.
"The Japs seem to have made some wonderful charges."

"Yes; I paid \$6.99 for that Satsuma capot."—Cleveland Plain Dealer.

A Colonel in the British South African army says that Adams' Tatt Frutti was a blessing to his men while marching.

It's a good thing the teller in the bank doesn't tell all he knows.

PURINA FADELESS DYES do not spot, streak or give your goods an unevenly dyed appearance. Sold by all druggists.

The clock maker should have plenty of time at his disposal, but when business is bad time hangs heavily on his hands.

To Cure a Cold in One Day.

Take LAXATIVE BROMO QUININE TABLETS. All druggists refund the money if it fails to cure. E. W. Grove's signature on each box.

After Three Years.
An extraordinary instance of the instinct and fidelity of the homing pigeon has just occurred at Northwich. In July, 1897, a bird belonging to Mr. Woodward, Avenue Lodge, Wilmington, was liberated, with others, at Rennes, France. The race proved disastrous, only one out of several hundred, and that belonging to Mr. Woodward, returning home the same day. This week the owner was astonished to discover that one of the lost homers had found its way back, and that on the same date as when liberated three years ago. The bird wore the racing ring which established his identity.—London Globe.

Unfortunate Fisherman.

"In the first place," said the fat man with the red neck, "I forgot my jug of commissary supplies when I started on that fishing trip, and there was none to be had within eighty miles."

"Too bad," said the lean man with the stringy mustache.

"But that ain't the worst of it. Of course, I came home without showing the usual signs of having been on a fishing trip, and my wife thinks I wasn't fishing at all, and vows she will find out where I was during that time if it takes every cent I've got."—Indianapolis Press.

Some people are talked about because they achieve success, and others because they have gossiping neighbors.

The Best Prescription For Chills and Fever is a bottle of Grove's TASTELESS CHILL TONIC. It is simple iron and quinine in a tasteless form. No cure, no pay. Price 25c.

Some of the things it is better to give than receive are a plugged nickel, a bad cigar and advice of any old kind.

A plausible speech does not always get applause. So, 39.

Even the campaign orator realizes that money talks.

FITS permanently cured. No fits or nervousness after first day's use of Dr. Kline's Great Nerve Restorer. \$2 trial bottle and treatise free. Dr. R. H. Kline, Ltd., 391 Arch St., Phila., Pa.

Why not interest the baseball umpires in the striking situation?

An Extensive Mileage Book Service. Arrangements have been effected by which 1,000 mile books, the price of which is \$25.00 each, issued by the SEABOARD AIR LINE RAILWAY, are honored through to Washington over the Pennsylvania Railroad; from Portsmouth to Baltimore over the Baltimore Steam Packet Company, and between Clinton and Columbia over the Columbia, Newberry & Laurens Railroad. This arrangement includes the books issued by the Florida Central & Peninsular and Georgia & Alabama Railroad.

LIBBY'S LUNCHEONS

We are meat cookers and canners. Our business is the largest of its kind in America. We have tried to learn everything that anybody knows about making cooked meat good. That is our business. We seal the product in key-opening cans. Turn a key and you find the meat exactly as it left us. We put up in this way:

- Puffed Ham, Beef and Tongue,
- Ox Tongue (whole),
- Veal Loaf,
- Deviled Ham,
- Brisket Beef,
- Sliced Smoked Beef,

and two dozen other specialties. It is impossible for any body to make luncheon meats any better. Your grocer should have them. Libby, McNeill & Libby, Chicago.

"How to Make Good Things to Eat" will be sent free if you ask us.

It afflicted with sore eyes, use J. Thompson's Eye Water